



# BALANCED HEALTH

Acupuncture &  
Wellness Clinic

#204 2nd Floor  
926 7th Avenue  
Invermere, BC

☎ (250) 341-4806  
📧 (250) 341-4807  
[info@balancedhealth.co](mailto:info@balancedhealth.co)

At Balanced Health Acupuncture & Wellness Clinic, we believe that looking after ourselves is not only important, but necessary. Our core practice is acupuncture, part of the age-old Chinese medical system that uses needles to stimulate Qi. Balanced Health offers a holistic Eastern approach to health that is an effective complement to Western Medicine.

## CONFIDENTIAL INTAKE FORM PEDIATRIC CLIENTS

Patient's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex: M F

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Mother's Name and Occupation: \_\_\_\_\_

Father's Name and Occupation: \_\_\_\_\_

Contact Email: \_\_\_\_\_ Home: \_\_\_\_\_

Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Parents are: Married Separated Divorced Other: \_\_\_\_\_

I give Balanced Health Acupuncture & Wellness Clinic permission to email me appointment notifications and occasional announcements.

Referred by: \_\_\_\_\_

Reason for visit: \_\_\_\_\_

Has your child been seen by any other doctor(s) for this complaint? Yes No In the past

Please describe past care for this complaint: \_\_\_\_\_

Previous Pediatrician's Name and Phone: \_\_\_\_\_

Last time child had blood work done and what labs: \_\_\_\_\_

Any known allergies to food, drugs, environment, animals, etc: \_\_\_\_\_

List all surgeries and hospitalizations, including date occurred: \_\_\_\_\_

List all medications (from drugstore or prescription) child is on now and dosages if known: \_\_\_\_\_

List all supplements child is now taking, and dosages if known: \_\_\_\_\_



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## CONFIDENTIAL INTAKE FORM PEDIATRIC CLIENTS

### MEDICAL HISTORY

YES indicates the child gets the problem regularly  
NO indicates the child never had the problem  
IN THE PAST indicates the child had the problem in the past, but not recently

Ear infections: Yes No In the past  
If has had, how frequent per year:

Colds: Yes No In the past  
If has had, how frequent per year:

Strep Throat: Yes No In the past  
If has had, how frequent per year:

How many times has your child taken antibiotics:

Has your child had any of the following:

Chicken Pox	Rubella	Mumps	Whooping Cough	Rubeola
Age	Age	Age	Age	Age

What medications has the child taken in the past and how often:

Hearing test normal:	Yes	No	Not tested
Vision test normal:	Yes	No	Not tested
Speech Impediments:	Yes	No	In the past
Learning Impediments:	Yes	No	In the past

### VACCINATION HISTORY

Yes - Has had  
No - Has not had  
Some - Did not finish all shots  
Homeoprophylaxis - Was vaccinated homeopathically

M.MR:	Yes	No	Some	Homeoprophylaxis
DPT :	Yes	No	Some	Homeoprophylaxis
HepB:	Yes	No	Some	Homeoprophylaxis
Hib	Yes	No	Some	Homeoprophylaxis



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Chicken Pox:    Yes                  No                  Some                  Homeoprophylaxis  
Polio:            Yes                  No                  Some                  Homeoprophylaxis  
Others:          Yes                  No                  Some                  Homeoprophylaxis

Any reactions to vaccinations? If so, please explain:

## FAMILY HISTORY

Allergies:        Yes    No    In the past  
Cancer:          Yes    No    In the past  
Tuberculosis:   Yes    No    In the past  
Obesity:        Yes    No    In the past  
Mental Illness: Yes    No    In the past  
Heart Disease:  Yes    No    In the past

If answers yes to any of the above, please write relationship of family member to child and severity of the disease:

## MOTHER'S PREGNANCY HISTORY

Age at conception:                  Length of Labour:                  Vaginal Birth:    Yes    No

Traumatic Birth:    Yes    No  
If yes please explain:

Medications during pregnancy:

How many ultrasounds during pregnancy:

Birth interventions    Forceps    Vacuum    Extraction    C-section    Induction    None

During pregnancy did any of the following occur?

Smoking                  Recreational Drugs                  Preeclampsia                  Diabetes                  Emotional Stress  
Coffee                    Nausea/Vomiting                  Alcohol

Dietary Restrictions during pregnancy:    Yes    No  
If yes, please explain:



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### CONFIDENTIAL INTAKE FORM

# PEDIATRIC CLIENTS

## HEALTH HISTORY OF CHILD

Gestational age at birth (weeks at birth): \_\_\_\_\_ Apgar scores: \_\_\_\_\_

Birth Weight: \_\_\_\_\_ Birth Length: \_\_\_\_\_

Complications after delivery: Yes No

If yes, please explain:

Location of Birth: Hospital Birthing Center Home

Child Breastfed: Yes No For how long: \_\_\_\_\_ When put on formula: \_\_\_\_\_

What formula was used:

When was solid food introduced:

When was whole milk introduced:

Any food cravings:

First foods:

When did child walk: \_\_\_\_\_ Talk: \_\_\_\_\_ Develop teeth: \_\_\_\_\_

Jaundice as a baby  
Colic  
Cradle Cap  
Anemia  
Eczema or Psoriasis  
Stomach Aches  
Diarrhea  
Asthma  
Constipation  
Warts  
Finicky eating  
Nightmares

Poor teeth  
Bed-Wetting  
Chronic sniffles  
Excessive Tantrums  
Bad foot odor  
Defiant  
Very sweaty  
Fears/Phobias  
Hyperactivity  
Diaper rash  
Growing pains  
Early Puberty

Any particular household stressor child has witnessed or gone through:



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### ENVIRONMENTAL EXPOSURE

Has the child ever lived near a refinery, polluted area or in a home with lead paint? If so, what sort of pollution were they exposed to:

Has the child ever lived in a house that had new carpeting, paint, cabinets or any other refurbishing that seemed to affect their health?

Does the child seem particularly sensitive to perfumes, gasoline or other vapors?

Do you spray pesticides, herbicides or other chemicals around your home?

What year was your home/apartment built?

### TYPICAL DAY'S DIET

Breakfast:

Lunch:

Dinner:

Snacks:

### OTHER QUESTIONS:

Please list any questions you would like the acupuncture physician to address during this appointment:

### PRIMARY CARE PHYSICIAN

Name:

Phone:

### SPECIALISTS

(OB, Gastroenterologist, Psychiatrist, Counselor, etc)

Name & specialty:

Name & specialty:

Name & specialty:



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### INFORMED CONSENT FOR ACUPUNCTURE TREATMENT

1. Sometimes after receiving an acupuncture treatment you may feel a little bit light-headed. If that is the case, please sit down for a while in the waiting room. In a few minutes you will feel relaxed and clear-headed.
2. Occasionally you may get a small hematoma (a small dime sized bruise under the skin) after an acupuncture needle is removed. This is not a cause for concern - it will go away in a few days. Gentle pressure applied to the site will stop any bleeding that is occurring under the skin.
3. We use only sterile disposable needles that are used once on each patient.
4. Occasionally after the cupping procedure is performed there may be bruising at the site of the cups. This will fade after a few days and is purely cosmetic in nature.

### APPOINTMENT CANCELLATION POLICY

**NO SHOWS AND LATE CANCELLATIONS LESS THAN 24 HOURS BEFORE APPOINTMENT TIME ARE SUBJECT TO A CANCELLATION FEE.** Please initial:

My signature authorizes to treat me (or the patient for whom I am legally responsible) with Acupuncture & Chinese Herbal Medicine. I do not expect the acupuncturist to be able to anticipate and explain all risks and complications, and I wish to rely on the acupuncturist to exercise judgment during the course of the procedure which the acupuncturist feels at the time, based on the facts known, is in my best interests. I intend for this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

### AUTHORIZATION FOR CARE OF A MINOR

I hereby authorize to administer care to my Son/Daughter as they deem necessary. I clearly understand that I have the right to refuse care and that I am personally responsible for payment of all costs associated with the treatment of care:

Parent or Guardian:

Date: